

Pinckneyville Community High School does not condone the use of alcohol, illegal drugs, or the use of tobacco products.

Accordingly, the following guidelines have been established to govern students who participate in athletics as a representative of Pinckneyville Community High School. Specifically, these guidelines apply to all athletes, cheerleaders, activities and/or teams sponsored by the IHSA and other outside entities like the IHSA.

By signing for the receipt of the Student Handbook, a student acknowledges his/her possession and knowledge of the PCHS Athletic Code.

Extracurricular activities are privileges extended by the district to students who wish to participate and agree to comply with the code as well as the rules and regulations established for the respective activity. Compliance allows for on-going participation in the particular activity. The failure to comply with the participation agreement and regulations as established by each sponsor for their activity will result in sanctions as set forth in writing and made fully aware to the participants. Because these activities are regarded as privileges and not property interests of the student, only those procedural and substantive considerations as provided for within this handbook shall be afforded the student when a disciplinary sanction must be considered. Attendance and participation in extracurricular activities may be denied as a matter of disciplinary policy.

Students absent from school may not attend or participate in extracurricular events that afternoon or night. Exceptions must be clarified in advance with the principal or dean. **Students must be in attendance at least half of a school day to participate in activities that day.**

NO PASS - NO PLAY

Students who participate in extra-curricular activities will be required to meet minimal academic standards. Participation includes competing in athletics or competitive events or any extra-curricular activity. Minimal education standards shall be the maintenance of a passing grade in **nine (9) of nine (9) courses** in which a student is enrolled.

Eligibility checks will be conducted at the end of the first three weeks of each new semester and weekly thereafter.

Agreement to Participate

Pursuant to Pinckneyville Community High School (PCHS) District No. 101 Board of Education Policy 7:300, student participation in Board of Education-approved athletics and/or shooting sports requires parent(s)/guardian(s) to provide written permission for their child to participate, giving PCHS full waiver of responsibility of the risks involved. An *Agreement to Participate* form will be provided to all students and must be completed prior to participation in athletics and/or shooting sports.

TRANSFER STUDENTS

If a student transfers to Pinckneyville Community High School and at the time the student was last enrolled at the school from which he or she transferred he or she was under penalty for violating that school's athletic code and was not allowed to participate in athletics, the student will not be eligible to participate in any of the athletic teams covered in this Code for a period of one year (12 months) from the date that the student enrolls at PCHS.

TRAVEL

All athletes shall travel to athletic events and return home from athletic events with the team on which the athlete competes by use of school approved means of transportation. A written waiver of this rule may be issued by a coach or administrator upon written request of an athlete's parent or guardian. In no case shall a waiver be issued unless the alternate means of transportation anticipated by the waiver will be provided by an adult. Oral request shall not be honored and oral permission shall not be valid.

DISCIPLINARY RULES

In the instance of violation of school policies, rules, or regulations or this Athletic Code by a student athlete, nothing herein or elsewhere shall prohibit the school district from imposing disciplines available under the Athletic Code and classroom-academic penalties for the same offense. Any student athlete found to be in violation of this policy shall be subject to discipline in accordance with the school district's athletic discipline policies, rules and regulations as provided herein.

ATTENDANCE AT PRACTICES, MEETS, GAMES AND ATHLETIC EVENTS

For the protection of the health and safety of athletes, and to protect the integrity of the team, team members shall be required to attend all regularly scheduled practices, meets, games and events of the team. Failure to attend by a team member may result in discipline including suspension or dismissal from the team.

ATHLETIC DEPARTMENT AND CONDUCT

Behavioral misconduct by student athletes shall not be tolerated. Behavioral misconduct shall include but shall not be limited to:

- insubordination,
- or any behavior which is negligently or intentionally injurious to a person or property or which places a person or property at risk of injury or damage;
- or any behavior which disrupts the appropriate conduct of a school program or activity;
- or hazing or harassment of any kind;

or use of profanity;
or exhibition of bad sportsmanship;
or violation of the Athletic Code or other school policies, rules or regulations
violation of the criminal code.

IMPOSITION OR DISCIPLINE

Coaches and school officials shall impose disciplines appropriate to the offenses committed. The discipline imposed for any particular offense shall be at the sole and exclusive discretion of the coaching staff, club or team sponsors, and other school officials.

DISCIPLINARY SUSPENSION OF ATHLETES

The coach or school administration may suspend a student athlete for athletic participation or violation of the Athletic Code, training rules, or other appropriate policies, rules and regulations of the school district. Suspension is defined as removal of the athlete from participation in one or more athletic practices, games, meets or other activities but less than dismissal for the balance of the season. The following procedures shall apply to disciplinary suspensions:

- a. Prior to suspension, the athlete shall be provided an explanation of the charges against him/her. The athlete shall be given an opportunity to present his version of the incident to the suspending school official.
- b. Upon written request, the athlete may appeal his or her disciplinary suspension to the Principal and athletic director, who shall have final and binding authority to determine the appropriateness of the suspension.

Disciplinary suspensions may be imposed pending dismissal proceedings.

DISCIPLINARY DISMISSAL OF AN ATHLETE FROM A TEAM

The coach or school administration may dismiss a student athlete from athletic participation for violation of the Athletic code, training rules, or other appropriate policies rule and regulations of the school district. Dismissal from a team is defined as removal of the athlete from participation in one or more athletic practices, games, meets or other activities in a sport for the balance of a season. The following procedures shall apply to disciplinary dismissals.

Prior to dismissal, the athlete shall be provided an explanation of the charges against him/her. The athlete shall be given an opportunity to present his version of the incident to the suspending school officials.

Upon written request, the athlete may appeal his or her disciplinary suspension to the Principal and athletic director, who shall determine the appropriateness of the suspension.

If the student-athlete is dissatisfied with the conclusion reached by the Principal and athletic director, the student may request a hearing before

the school board which shall schedule a hearing at its next regularly scheduled meeting unless the request for hearing is received within seven calendar days of the regularly scheduled board meeting in which case the hearing shall be scheduled for a date within twenty one (21) days of receipt by the school board of the request for hearing. At this hearing, the student shall be provided an explanation of the charges against him or her, may be represented by counsel at his or her own expense, and may call witnesses, cross-examine adverse witnesses and may present evidence in his or her defense. The decision of the school board shall be final and binding.

TRAINING RULES

The coach of each sport may establish training rules which shall apply to each student athlete participating in the sport, provided however, such rules shall not be inconsistent with the rules provided herein. Training rules, the purpose of which shall be to enhance the educational experience, provide for the safety, or protect the physical well-being of the student athlete shall be subject to the approval of the superintendent of schools.

DRUGS, ALCOHOL AND/OR TOBACCO

Except with respect to prescription drugs used by the person for whom such drugs were prescribed in the manner intended by the prescribing medical doctor, the possession, use, distribution, purchase or sale of any alcoholic beverage, drug paraphernalia, controlled substance, look-alike, tobacco or tobacco product or any other substance when taken into the human body is intended to alter mood or mental state, including any item or substance which is represented by a student to be, or is believed by a student to be any of the foregoing, regardless of the true nature or appearance of the substance, is prohibited in school buildings, on school buses and on all other school property or school related events at any time. This prohibition shall include all school-sponsored or school related activities, whether held before or after school, evenings or weekends and shall additionally include a prohibition of use by a student athlete in any instance where the school can demonstrate a reasonable connection to the school program or school athletic program. For purposes of this policy, students who are under the influence of prohibited substances shall be treated in the same manner as though they had prohibited substances in their possession.

Any student athlete found in violation of the drug, alcohol, and/or tobacco policy will participate in counseling as determined by school officials in order to continue participation in athletics.

First Violation: A conference will be held including the student athlete, any coaches involved, the Athletic Director, and the Administrator. The parent will be contacted by the athletic director or principal concerning the suspension. The student athlete will be suspended from future contests as follows:

Football - Two games*

All other sports – 20% of contests*

* Game suspensions will span sports' seasons in order for the student athlete to complete the disciplinary suspension. The student athlete must complete the sports season (in which the suspension is served) in order to satisfy the suspension.

Second Violation: A conference will be held including those same parties who met as a result of the first violation. The student athlete will be suspended from future contests as follows:

Football - Four games*

All other sports – 50% of contests*

* Game suspensions will span sports' seasons in order for the student athlete to complete the disciplinary suspension. The student athlete must complete the sports season (in which the suspension is served) in order to satisfy the suspension.

Third Violation: The student athlete is removed from all programs for the duration of the student's high school career. A conference will be scheduled by the Athletic Director to ensure due process for the student and parent/guardian.

Drug Testing:

A drug testing program can be implemented for extra-curricular activities. This program will be for all athletes and of a random nature.

NCAA CLEARINGHOUSE

TO BE CERTIFIED BY THE CLEARING HOUSE, YOU MUST:

Graduate from high school.

A student should apply for certification before graduation if the student is sure he/she wishes to participate in athletics as a freshman at the college to which he/she will be admitted. The Clearinghouse will issue a preliminary certification report when the student has had all of his/her materials submitted. After the student graduates, the Clearinghouse will review final transcripts to make a final certification decision according to NCAA standards

Earn a grade-point average of at least 2.00 (on a 4.00 scale)

The student must learn a grade point average of at least 2.00 on a 4.00 scale in a core curriculum of at least 13 academic courses which were successfully completed during grades 9 through 12. Only courses that satisfy the NCAA definition of a core course can be used to calculate your NCAA GPA. No special values are allowed for "+" or "-" grades. The chart below shows what core courses the student must include as a minimum requirement.

IMPORTANT NOTE: For students enrolling as college freshmen during 1996-97 and thereafter Division 1 certification requires 2 years of math including at least 1 year of algebra and 1 year of geometry (or a course which geometry is a prerequisite).

Earn a sum of scores of at least 69 on the ACT or a combined score of at least 820 on the recentered SAT (or 700 on the nonrecentered SAT) on a national test date.

For Division I: The minimum grade-point average is the 13 core courses and required ACT or SAT score vary according to the Initial-Eligibility Index below.

This index applies to students enrolling as college freshmen during 1996-97 and thereafter who wish to participate in Division I athletics.

General Information Concerning Our Athletic Program

ATHLETIC EQUIPMENT: Every player will be solely responsible for equipment issued to him or her. PCHS will provide student-athletes with the best equipment possible. Students must take care of it. Students who do not return equipment will be charged replacement cost and may not participate in additional sports.

LETTER AWARDS: Each freshman that participates and completes the season in a sport, but does not letter, shall receive one set of numerals indicating class graduation year. Any sophomore, junior, or senior lettering in one or more sports shall receive only one letter, but shall receive a certificate or one letter per sport each year.

INSURANCE COVERAGE: Insurance coverage is required for all players.

ACCIDENT ONLY insurance coverage is available to all Pinckneyville Community High School students during a school-related activity.

Random and Reasonable Suspicion-Based Drug and Alcohol Testing Policy

The superintendent, using input from coaches and sponsor of extracurricular activities shall develop a conduct code for all participants in extracurricular activities consistent with Board policy. The conduct code shall: (1) require participants in extracurricular activities to conduct themselves at all time, including after school and on days when school is not in session and whether on and off school property, as good citizens and exemplars on their school, and (2) notify participants that failure to abide by it could

result in removal from the activity. The conduct code shall be reviewed by the Building Principal periodically at his or her discretion and presented to the Board of Education.

All coaches and sponsors of extracurricular activities shall annually review the rules of conduct with participant and provide participants with a copy.

Extracurricular Drug and Alcohol Testing Program

The district maintains an extracurricular drug and alcohol testing program in order to foster the health, safety, and welfare of its students. Participation in extracurricular activities is a privilege and participants need to be exemplars. The program promotes healthy and drug-free participation. Each student and his or her parent(s)/guardian(s) must consent to random drug and alcohol testing in order to participate in any extracurricular activity. Failure to sign a “Random Drug and Alcohol Testing Consent” form will result in non-participation.

If a test is “positive,” the student will be disciplined according to the Pinckneyville Community High School Extracurricular Code of Conduct.

The Superintendent or designee shall develop procedures to implement this policy. No student shall be expelled or suspended from school as a result of any verified positive test conducted under this program other than when independent reason suspicion of drug and/or alcohol usage exists. This program does not affect policies, practices, or rights of the District to search or test any student who at the time exhibits cause for reasonable suspicion of drug and/or alcohol use.

Rules for Conducting Random and Suspicion-Based Drugs and/or Alcohol Testing of Students

I. Purposes

The purposes of Pinckneyville Community Unit School District #101 Random and Suspicion-Based Drug and Alcohol Testing Policy are 1) to protect the health and safety of students and 2) to enforce the Board of Education’s policy prohibiting the possession or use of drugs or alcohol by students on school grounds or at school-related activities.

II. Definitions

A. Reasonable Suspicion is a reasonable belief that a student is violating a school rule regarding the possession or use of drugs or alcohol; reasonable based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech or body odors of the student. The observations may relate to the chronic and withdrawal effects of controlled

substances.

- B. Prohibited Substances are substances prohibited under the District's Student Discipline Policy.
- C. Random – each selection bases purely upon chance without predetermination (Haphazard)

III. Drug and Alcohol Testing

- A. Reasonable Suspicion
When a District employee has reasonable suspicion to believe that a student is under the influence of drugs in violation of Board Policy, the employee shall report the student to the principal or principal's designee.
- B. Random Testing
Numbers shall be selected using a random selection method. The number shall then be cross-referenced with a numbered listing of all extracurricular participants to determine the identity of the person to be tested. This numbered listing shall be kept confidential and within the Principal's Office.
- C. Random testing during the summer months will be completed for those extracurricular participants that are actively involved in a school related summer activity.
- D. Testing Protocol: Urine Collection

PRINCIPLE:

The validity of urine drug screen results is dependent on specimen integrity. While direct-observation collections provide specimens of the greatest credibility, non-witnessed collections can be effective if safeguards are in place to ensure the donor does not have access to substances which may affect test results (water, chemicals, substitute urine, etc.)

PROCEDURES:

Prior to any specimen collection procedure, secure the collection facility and if necessary, perform a thorough search for hidden adulterants or substitute urine specimens. Place bluing agent in the toilet bowl or tank, remove or secure all chemicals (soaps, cleaning supplies, etc.) and secure or eliminate all water sources.

1. Pinckneyville High School will randomly test students involved in extracurricular activities. The principal and athletic director shall select the desired test dates and notify the company responsible for the program administration of the number of test to be performed. The program administrator will randomly pick the desired number of names and email these to the Principal. A school employee will go to classrooms and accompany each identified student to the office. Students shall

- wait in the office under the supervision of a school employee until the male or female collector summons him or her. When summoned, a school employee will walk each student to the nurse's office. Collection shall be made within the respective restroom of the nurse's office.
2. Check the identity of donor (e.g. social security number or driver's license number and photo I.D.) if using a drug screen test request form, note the identity on the form.
 3. Ask the donor to remove any unnecessary outer clothing. All personal belongings (the subject may retain a wallet) should be placed in a secure location outside the stall or partitioned area.
 4. Do not ask the donor to empty his/her pockets or to remove articles of clothing such as shirts, pants, dresses, etc. if a collector notices any unusual behavior that indicates a donor may attempt to tamper with or adulterate a specimen (e.g., bulging pockets), the collector may request that the donor empty his/her pockets and explain the need for such items during collection.
 5. Prior to collection, ask donor to wash his/her hands to eliminate any possible adulterating or contaminating substances from under the donor's fingernails.
 6. Place the following information on the bottle label:
Date of Collection
Donor's name and/or identification numbers, and
Collector's initials
 7. Provide the donor with a clean, unused urine specimen collection container and instruct the donor to fill the container at least half full (a minimum of 30 mL's)
 8. Unobserved Collection: Allow the donor to enter and maintain privacy within the stall or partitioned area. The collector will wait outside the collection area until the donor is finished urinating. (The collector must be the same gender.)
 9. Observed Collection: Inform the donor that collection will occur under direct observation due to a reasonable belief that the student will alter or substitute the specimen to be provided. Accompany the donor into the collection facility (the collector must be the same gender). Instruct the donor to urinate into the sample container with the witness observing urination.
 10. Accept the specimen from the donor. The use of disposable gloves is recommended when handling specimens, so prior to accepting the specimen from the donor, be sure to wear gloves.
 1. Upon receipt of the specimen from the donor, immediately apply the temperature strip (if applicable) to the outside of the bottle. If using a drug screen test request form, record the urine temperature on the form.